

SCHILLER SHORELINE INSTITUTE FOR LIFELONG LEARNING



Fall 2025

Program Catalog

Connecticut Shoreline

With grateful appreciation for their many contributions to SSILL, we dedicate this catalog to

Edward August Miller, III

and

Reverend Robert A. Raines

We will always remember them.

Program Locations

KEY - LOCATION

- GCC** - Guilford Community Center, 32 Church St, Guilford
- MSC** - Madison Senior Center, 29 Bradley Rd, Madison
- EW** - Evergreen Woods. 88 Notch Hill Road, North Branford
- SML** - Scranton Memorial Library, Madison, 801 Boston Post Rd, Madison
- GFL** - Guilford Free Library, 67 Park St, Guilford
- SGC** - St. George Church Parking Lot, 33 Whitfield St Guilford

REGISTRATION OPTIONS: (starting 8:30 a.m. Wednesday, August 27)

• Online at **WWW.SSILL.ORG**

• In-person at the Guilford Community Center.

Fall Program Selections - 2025

		Programs#/Location	✓
Sept. 9 Tuesday 9:30 am	OPENING DAY RECEPTION AND CONCERT Presenters: Music Haven, Haven String Quartet The Haven String Quartet returns. The quartet is comprised of resident musicians from the non-profit Music Haven which provides tuition-free music lessons and mentoring for young people.	48241 GCC	Free ☐
Sept. 11 Thursday 10:00 am	OPTIMIZING DAILY FUNCTION: INJURY PREVENTION THROUGH MOVEMENT, AWARENESS AND ADAPTATION Presenters: Physical Therapy Specialists of Guilford Everyday activities can put unexpected stress on your body and increase your risk of injury. Learn practical strategies to help you move more efficiently.	48242 GCC	\$3 ☐
Sept. 16 Tuesday 10:00 am	BHUTAN: A KINGDOM IN A MODERN WORLD Presenter: MaryAlice Lee, Ph.D Yale University School of Public Health Have you ever wondered how this small Himalayan kingdom has developed into one of the most politically and economically stable countries in the world? Learn about what makes Bhutan so exceptional.	48243 GCC	\$3 ☐
Sept. 17 Wednesday 10:00 am	POP GOES THE PORTRAIT: ANDY WARHOL, CHUCK CLOSE, DAVID HOCKNEY AND CINDY SHERMAN Presenter: Bob Potter, Art Historian and Docent The 1960's marked a radical turning point in American artistic expression. Explore how these painters and photographer celebrated pop culture and themselves by creating new depictions of the human form and spirit.	48244 GCC	\$3 ☐

Senior Center



Visit ssill-ct.org for
expanded program descriptions
and our program evaluation form.

Fall Program Selections - 2025

Programs #/Location ✓

Sept. 18 Thursday 10:00 am	TAI CHI INSIDE AND OUT Presenter: Dennis McCann Through presentation and movement, participants will learn how Tai Chi aids in physical, spiritual, and emotional health and connection with others.	48245 GFL	\$3	☐
Sept. 25 Thursday 10:00 am	HOUSING RIGHTS, LAWS AND TRUTHS Presenter: Sarah Mervine, Attorney, Director of the Center for Children's Advocacy How do evictions really happen? Learn how poor living conditions and an eviction record are more damaging than a criminal record, especially to children's health.	48246 SML	\$3	☐
Sept. 30 Tuesday 10:00 am	STONY CREEK GRANITE AND THE STATUE OF LIBERTY Presenter: Bruce Clouette, Ph.D Why was Stony Creek granite chosen for the base of the Statue of Liberty? Dr. Clouette will describe the design of the statue and the base and its meaning for Connecticut history.	48247 GCC	\$3	☐
Oct. 6 Monday 10:00 am	BOOK DISCUSSION: THE EMPEROR OF GLADNESS BY OCEAN VUONG Facilitators: Pam Asmus, Ph.D, Joanna Baymiller A multi-faceted novel about the relationship between a suicidal young man and an elderly woman suffering from war trauma and dementia.	48248 GCC	\$3	☐



Gift Certificates are
available for purchase. Please call
the GCC for more information.

Fall Program Selections - 2025

Programs#/Location ✓

Oct. 7 Tuesday 10:00 am	STAYING PRESENT: LETTING GO OF WORRY, REGRET, AND DISTRACTION Presenter: Gabriella DeLorenze, BS. M.Ed Do you want to find calm, clarity, and connection in daily life? Learn simple effective tools to support your nervous system and ease everyday stress.	48249 GCC	\$3	☐
Oct. 8 Wednesday 9:30 am	TRIP: NEW BRITAIN MUSEUM OF AMERICAN ART Presenters: Museum Docents A docent led tour of the general collection of this world-famous Museum of American Art. Lunch on your own in the Museum Café. Following the tour we will shop at Roly Poly, an authentic Polish grocery store.	48250 SGC	\$35	☐
Oct. 9 Thursday 10:00 am	CUTTING THE CORD Presenter: Chris Vanderweide, MBA How do you cut the cord? A discussion of cable, television and streaming options for consumers.	48251 GCC	\$3	☐
Oct. 14 Tuesday 10:00 am	BIG GOVERNMENT: CAUSES, CONSEQUENCES, AND PATHS TO PROGRESS Presenter: Ray Lombra, Ph.D Professor Emeritus of Economics, Penn State University The speaker will trace the history of the expansion of the Federal government across Democratic and Republican administrations. What are the consequences and viable options to this expansion?	48252 GCC	\$3	☐

TOURS &
VISITOR CENTER



Financial assistance is available. Contact the GCC for more information.

Fall Program Selections - 2025

		Programs#/Location	✓
Oct. 15 Wednesday 10:00 am	THE QUILTERS, A DOCUMENTARY FILM AND DISCUSSION WITH DIRECTOR JENIFER MCSHANE Men in a Missouri maximum-security prison design and sew personalized quilts for foster children.	48253 GCC	☐
Oct. 16 Thursday 9:30 am	TRIP: HISTORIC HOMES IN WETHERSFIELD Facilitator: Pam Asmus, Ph.D. A docent led tour of the Hurlbut-Dunham House and the Cove Warehouse. Lunch on your own at Heirloom Restaurant.	48254 SGC	☐
Oct. 20 Monday 9:00 am	TRIP: STATE CAPITOL BUILDING IN HARTFORD A docent led tour of the Museum and State Capitol including a discussion of the history, art, and architecture of this historic building. Lunch on site on your own.	48255 SGC	☐
Oct. 21 Tuesday 10:00 am	THE WHY, WHERE, AND HOW OF CITIZEN SCIENCE Presenter: Virginia Baltay, BA, MA You don't have to have a degree in science to make a significant contribution to scientific research. Last year more than half a million volunteers from 126 countries contributed to over a thousand scientific projects and events. Learn how to join a citizen science project right here on the shoreline.	48256 GCC	☐
Oct. 22 Wednesday 10:00 am	THE FUTURE OF THE HOME Presenter: Paco Underhill According to the 2020 census, less than 25% of American households consist of a "traditional" family. Learn how the evolution of the family, and the impact of technology affect the future of our homes.	48257 SML	☐



Reach out to us if you are interested in teaching a class or volunteering on one of our committees.

Fall Program Selections - 2025

Programs#/Location ✓

Oct. 28 SHARKS IN L.I. SOUND 48258 \$3 ☐
Tuesday Presenter: MaryEllen Mateleska, Senior Director for Education & Conservation,
10:00 am Mystic Aquarium

Join us for an engaging exploration of the shark species that are found in Long Island Sound, the role sharks play in the ecosystem, and how sustainable fishing practices can protect marine biodiversity.

Oct. 29 CIVIL LIBERTIES AND THE SUPREME COURT 48259 \$3 ☐
Wednesday Presenter: Andy Schatz, Esq.
10:00 am

How is the Court dealing with civil liberties as it addresses the many hot button cultural and political issues of the new Administration?

GREAT DECISIONS 48260 ☐
Thursday **October 30, November 6, 13 & 20**
10:00 am

Facilitator: Tom Lee

Great Decisions is a world affairs discussion program produced by the Foreign Policy Association. We will discuss the last four topics from the 2025 Briefing Book. Topics: 10/30, International Climate Cooperation in an Era of Geopolitical Turmoil, 11/6, The future of NATO and European Security, 11/13, AI and American National Security, 11/20, American Policy in the Middle East: Taking Stock and Looking Ahead.

Fee: \$5.00 for all four sessions

New participants must purchase the 2025 Briefing Book for an additional \$35.00



Be considerate! If you are unable to attend a class, please call the GCC as soon as possible.

Fall Program Selections - 2025

		Programs#/Location	✓
Nov. 3 Monday 9:00 am	TRIP: STATE CAPITOL BUILDING IN HARTFORD See October 20	48261 SGC	\$15 ☐
Nov. 4 Tuesday 10:00 am	ACTING WITH EMILY D Presenter: Julie Fitzpatrick How does an actor become Emily Dickinson? The speaker will discuss core elements of acting, offering a window into the actor's craft. Watch Julie Fitzpatrick become The Belle of Amherst.	48262 GCC	\$3 ☐
Nov. 5 Wednesday 10:00 am	HUMANITARIAN AID TO WAR RAVAGED UKRAINE Presenter: Carl Harvey As a member of the Ukrainian American Humanitarian Aid fund, Inc. the speaker will discuss the Russian-Ukrainian conflict and illustrate how the Ukrainian community in the US is providing financial and emotional support to Ukraine.	48263 SML	\$3 ☐
Nov. 6	GREAT DECISIONS #2 Please refer to October 30th	48260 GCC	☐
Nov. 12 Wednesday 10:00 am	ALL IS NOT WELL IN OUR RAINFORESTS Presenter: Mark Hopkins, Photographer Experts call tropical rainforest the Lungs of the Planet. Take a photographic trek with Mark Hopkins in one of Amazonia's most pristine forests and learn about the staggering challenges they face for world-wide survival.	48264 Zoom	\$3 ☐



Programs fill up quickly.
We will make every effort to
accommodate waitlisted persons.

Fall Program Selections - 2025

		Programs#/Location	✓
Nov. 13 Thursday 10:00 am	GREAT DECISIONS #3 Please refer to October 30th	48260 GCC	☐
Nov. 17 Monday 10:00 am	BOOK DISCUSSION: THE LIGHT EATERS BY ZOE SCHLANGER Facilitators: Pam Asmus, Ph.D, Joanna Baymiller This book received critical acclaim for its exploration of plant intelligence and its implications for the environment.	48265 GCC	\$3 ☐
Nov. 18 Tuesday 10:00 am	INTRODUCTION TO BUDDHIST TEACHINGS AND MEDITATION PRACTICE Presenter: Rev. Sumi Kim, Buddhist Chaplain at Yale University This workshop begins with an introduction to core Buddhist teachings, followed by an overview of Buddhist meditation and a guided practice.	48266 GCC	\$3 ☐
Nov. 19 Wednesday 10:00 am	ITALY DURING WORLD WAR 2: FOCUS ON THE HOLOCAUST Presenter: Ira Kleinfeld, Ph.D Dr. Kleinfeld will focus on the Jewish community in Italy during World War II.	48267 EW	\$3 ☐
Nov. 20	GREAT DECISIONS #4 Please refer to October 30th	48260 GCC	☐
Nov. 21 Friday 10:00 am	THE FUTURE IMPACT OF ARTIFICIAL INTELLIGENCE Presenter: Harvey Heyman, MBA How will AI impact our political, cultural and social lives in the future? Watch live demonstrations of AI and video clips of leading thinkers and developers.	48269 GFL	\$3 ☐

Fall Program Selections - 2025

Programs#/Location ✓

Nov. 25 Tuesday 10:00 am	FOOD AND WAR IN JAPAN Presenter: Rosa Mo, Ed.D, RD. Retired Chair of Nutrition Sciences, University of New Haven. Join us to examine the role of food in WW2 Japan, centering on issues of food in international conflict, survival, and starvation as an engine of war.	48270 GCC	\$3	☐
Dec. 2 Tuesday 10:00 am	A MORNING WITH EDGAR ALLAN POE Presenter: Campbell B. Harmon, Actor The unrivaled master of the macabre, none other than Edgar Allan Poe himself, is conjured back from the shadows for a most extraordinary hour of enigma and dread.	48271 GCC	\$3	☐
Dec. 9 Tuesday 10:00 am	MONARCH BUTTERFLY BIOLOGY, ECOLOGY, AND CONSERVATION NEEDS Presenter: Kelsey E. Fisher, Ph.D The Monarch Butterfly population in North America is in decline. Through understanding its behavior, we will learn the importance of planting and maintaining habitats, milkweed, and other species to guarantee their survival.	48272 GCC	\$3	☐
Dec. 11 Thursday 10:00 am	PROJECT MUSIC HEALS US We conclude our Fall semester with music. PMHU is a non-profit organization which exists to provide encouragement, education, and healing to marginalized communities. The highly acclaimed Dolphins Quartet will perform.	48273 EW	\$3	☐

Our Board Members

Pam Asmus
Rosemary Baggish
Gerald Burke
Doris DeWees
Lauren Gaunt
Richard Hazall
Bo Huhn
Heather Martin
Judy Merriam
Susan E. Smith
Susan Smith

Our Program Committee

Pam Asmus
Rosemary Baggish
Joanna Baymiller
Arlene Cohen
Doris DeWees
Lauren Gaunt
Barb Hazall
Rich Hazall
Mike Meisel
Judy Merriam
Joan Rawlings
Susan Smith
Carol VanSteenbergen
Rhona Weiss
Flora White

Online Registration Instructions

Beginning at 8:30 a.m. on Wednesday August 27, you may register online through the SSILL website or the GuilfordParkRec.com website, or in person at GCC. Opening Day is Tuesday, September 9th at 9:30 a.m.

You must have a membership (household) number and password assigned by the Guilford Community Center before you register online. Call GCC at (203) 453-8086 to be given a number and password.

NEED HELP WITH REGISTRATION?

Call 203.453.8086 or go to GCC.

Refunds for trips will be made only if cancellations are received **two weeks** prior to the program date.

There are no refunds for programs.

We look forward to seeing you this Fall!



Initiated by the Guilford and Madison Foundations
Affiliated with the Roads Scholar Network
Special appreciation and sincere gratitude to all of our
Advisory Board and Committee members.